

Programs are 2—2:30 pm

May 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 <i>Fun Facts– May</i>	3	4
5	6	7 <i>Cinco De Mayo</i>	8	9 <i>Categories</i>	10	11
12	13	14 <i>Short Stories</i>	15	16 <i>Fact or Fiction</i>	17	18
19	20	21 <i>Finish The Line</i>	22	23 <i>No Call</i>	24	25
26	27	28 <i>Brain Teasers</i>	29	30 <i>Tip Top Trivia</i>	31	

June 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4 <i>Sports Talk</i>	5	6 <i>SCWW Planning Committee</i>	7	8
9	10	11 <i>SCWW Good News Network</i>	12	13 <i>Table Topics</i>	14	15
16	17	18 <i>Spring into Summer</i>	19	20 <i>Who/What Am I</i>	21	22
23	24	25 <i>Jokes and Mad Libs</i>	26	27 <i>Celebrate Canada</i>	28	29
30						

May 2019— June 2019
Program Guide



Seniors' Centre Without Walls (SCWW) an interactive telephone-based free program that connects with seniors 55+ and adults with physical disabilities who find it difficult to leave home for extended periods of time.

Through the use of group telephone calls, SCWW provides a rich line-up of brain-stimulating activities. Most of all, it also provides the space to create meaningful friendships and connects those who may feel isolated to the community.

It is a Community Centre from the comfort of home!

For Information:

Telephone: 905-727-3123 ext. 3614

Email: scww@aurora.ca

Seniors' Centre Without Walls is funded by the Town of Aurora, with support in-part by the Aurora Seniors Association, and the New Horizons of Canada.



SCWW INFORMATION

Who is eligible to join?

- Individuals 55 +
- And/or adults with physical disabilities
- Living in Aurora
- You do not need to be an Aurora Seniors Association Member

How can I register?

- You can register in person at the Aurora Seniors Centre, or over the phone by calling Seniors Centre Without Walls at 905-727-3123 ext. 3614

How do I participate in the call?

- Once registered you will receive a call from our Senior Centre Without Walls team 2 to 5 minutes prior to the start time

Is there any cost?

- No. All programming is free of charge. No special equipment is needed.

Volunteer Opportunities!

Seniors' Centre Without Walls is looking for volunteers:

- Share a talent, hobby or an area of interest.
- Share stories of your travels.
- Help with research of programs
- Facilitate a program

Opportunities are flexible!

- In person, over the phone or via the internet from home.

SCWW CODE OF CONDUCT

To ensure a safe and welcoming space, we ask all participants to observe our Code of Conduct:

To have courteous and respectful manners, including using appropriate subject matters, and not interrupting others.

To allow the facilitator and guest speakers to direct the group.

To allow everyone to contribute by not dominating the conversations.

Help to provide an environment that is sensitive to and respectful of everyone's needs and preferences, regardless of race, ethnic origin, culture, religion, age, mental or physical disability, gender identity or gender expression, or sexual orientation.

Do you know someone who may benefit from this program? Let us know and we will call.

Programs are 2—2:30 pm

Brain Teasers & Riddles

Challenge your mind and your thinking skills with some brain teasers and riddles. Helping you to think outside the box.

Tuesday, May 28

Categories

Name a type of flower, a hockey team, a brand of cereal! Work together to see how many items in a category you can name in 30 seconds or less!

Thursday, May 9

Celebration Days

Join us for a fun interactive session about popular holidays celebrated around the world including history, fun facts and some trivia.

Tuesday, May 7—Cinco de Mayo (Mexico)

Tuesday, June 18—Spring in Summer

Thursday, June 27—Celebrate Canada

Fact or Fiction

Think you can tell the difference between fact and fiction? What you think you know and the truth may surprise you!

Thursday, May 16

Finish The Line (Fill in the Blank)

Help fill in the blanks of famous quotes, expressions, song lyrics, movie titles and many more categories! Here are some examples:

It's the oldest trick...in the book

Like a fish out of...water

Tuesday, May 21

Fun Facts about the month of May

Join us for a fun conversation on interest facts that occur during the Month of May

Thursday, May 2

Jokes and Mad Libs

They say that laughter is the best medicine, so join us on the following afternoons for your dose of humour, jokes and laughter!

Tuesday, June 25

SCWW Good News Network

Join us for a bit of sunshine as we share positive inspiring stories from around the world.

Tuesday, June 11

SCWW Planning Committee

Help us build the next calendar! This is an opportunity for you to provide feedback on programs and share your ideas for future topics and programs.

Thursday, June 6

Short Stories

Enjoy a relaxing afternoon with a short story from a variety of different genres or listen to a few poems with us.

Tuesday, May 14

Sports Chat

A fun chat about all that is going on in the Sports world!

Tuesday, June 4

Table Topics

Join in on the conversation! We have a box full of fun, unique, and offbeat questions to start interesting and memorable conversations!

"Would you rather live in a cabin in the woods or a hut on the beach?"

"What is your most favourite place to visit?"

Thursday, June 13

Tip Top Trivia

Researchers have found that memory loss can be improved simply by doing mental exercise every day. Give your brain a workout with our tip-top trivia questions.

Thursday, May 30

Who/What am I?

We will give you clues one by one until you can guess Who or What we are?

Thursday, June 20