

Programs are 2—2:30 pm

July 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 <i>You be The Judge</i>	3	4 <i>Categories</i>	5	6
7	8	9 <i>Finish The Line</i>	10	11 <i>Tip Top Trivia</i>	12	13
14	15	16 <i>Get to Know Your Friends</i>	17	18 <i>Table Topics</i>	19	20
21	22	23 <i>Brain Teasers</i>	24	25 <i>Sports Chat</i>	2	27
28	29	30 <i>Who/What Am I?</i>	31			

August 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 <i>Fact or Fiction</i>	2	3
4	5	6 <i>You be The Judge</i>	7	8 <i>Categories</i>	9	10
11	12	13 <i>SCWW Planning Committee</i>	14	15 <i>Tip Top Trivia</i>	16	17
18	19	20 <i>Finish The Line</i>	21	22 <i>Table Topics</i>	23	24
25	26	27 <i>Mad Libs/Short Stories</i>	28	29 <i>Celebration day— Back to School</i>	30	31

July 2019— August 2019
Program Guide



TOWN OF AURORA
SENIORS' CENTRE
WITHOUT WALLS

Seniors' Centre Without Walls (SCWW) is an interactive telephone-based free program that connects with seniors 55+ and adults with physical disabilities who find it difficult to leave home for extended periods of time.

Through the use of group telephone calls, SCWW provides a rich line-up of brain-stimulating activities. Most of all, it also provides the space to create meaningful friendships and connects those who may feel isolated to the community.

It is a Community Centre from the comfort of home!

For Information:

Telephone: 905-727-3123 ext. 3614

Email: scww@aurora.ca

Seniors' Centre Without Walls is funded by the Town of Aurora, with support in-part by the Aurora Seniors Association, and the New Horizons of Canada.



SCWW INFORMATION

Who is eligible to join?

- Individuals 55 +
- And/or adults with physical disabilities
- Living in Aurora
- You do not need to be an Aurora Seniors Association member

How can I register?

- You can register in person at the Aurora Seniors Centre, or over the phone by calling Seniors Centre Without Walls at 905-727-3123 ext. 3614.

How do I participate in the call?

- Once registered you will receive a call from our Senior Centre Without Walls team 2 to 5 minutes prior to the start time.

Is there any cost?

- No. All programming is free of charge. No special equipment is needed.

Volunteer Opportunities!

Seniors Centre Without Walls is looking for volunteers:

- Share a talent, hobby or an area of interest.
- Share stories of your travels.
- Help with research of programs.
- Facilitate a program.

Opportunities are flexible!

- In person, over the phone or via the internet from home.

SCWW CODE OF CONDUCT

To ensure a safe and welcoming space, we ask all participants to observe our Code of Conduct:

To have courteous and respectful manners, including using appropriate subject matters, and not interrupting others.

To allow the facilitator and guest speakers to direct the group.

To allow everyone to contribute by not dominating the conversations.

To help provide an environment that is sensitive to, and respectful of, everyone's needs and preferences, regardless of race, ethnic origin, culture, religion, age, mental or physical disability, gender identity or gender expression, or sexual orientation.

Do you know someone who may benefit from this program?
Let us know and we will call.

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Brain Teasers

Challenge your mind and thinking skills with brain teasers to help you think outside the box.
Tuesday, July 23rd

Categories

Name a type of flower, a hockey team, a brand of cereal! Work together to see how many items in a category you can name in 30 seconds or less!

Thursday, July 4
Thursday, August 8

Celebration Days

Join us for fun interactive sessions about popular holidays celebrated around the world including history, fun facts and some trivia.

Thursday, August 29 — Back to School

Fact or Fiction

Think you can tell the difference between fact and fiction? What you think you know and the truth may surprise you!

Thursday, August 1

Finish The Line (Fill in the Blank)

Help fill in the blanks of famous quotes, expressions, song lyrics, movie titles and many more categories! Here are some examples:

It's the oldest trick...in the book.

Like a fish out of...water.

Tuesday, July 9

Tuesday, August 20

Get to know your friends

Come out and join us for a fun and interactive chat to get to know your fellow participants. Questions will include: Where were you born? What's your favorite ice cream flavour?

Tuesday, July 16

SCWW Planning Committee

Help us build the next calendar! This is an opportunity for you to provide feedback on programs and share your ideas for future topics and programs.

Tuesday, August 13

You be the Judge

Join us as we discuss various stories and cases where you get to *be the judge* of how the scenario should be handled!

Tuesday, July 2
Tuesday, August 6

Short Stories and Mad Libs

Enjoy a relaxing afternoon with a short story from a variety of different genres or listen to a few poems.

Tuesday, August 27

Sports Chat

A fun chat about all that is going on in the Sports world!

Thursday, July 25

Table Topics

Join in on the conversation! We have a box full of fun, unique, and offbeat questions to start interesting and memorable conversations!

"Would you rather live in a cabin in the woods or a hut on the beach?"

"What is your favourite place to visit?"

Thursday, July 18

Thursday, August 22

Tip-Top Trivia

Researchers have found that memory loss can be improved simply by doing mental exercise every day. Give your brain a workout with our tip-top trivia questions.

Thursday, July 11

Thursday, August 15

Who/What am I?

We will give you clues until you can guess Who or What we are?

Tuesday, July 30