

## ► September 2023 Calendar

**Saturday September 9, Seniors Active Living Fair!**  
9 a.m. – 1 p.m.

Monday 8:30 a.m. to 4:30 p.m.	Tuesday 8:30 a.m. to 9 p.m.	Wednesday 8:30 a.m. to 4:30 p.m.	Thursday 8:30 a.m. to 4:30 p.m.	Friday 8:30 a.m. to 10 p.m.
9:00 Badminton 9:00 Move & Tone*(Z) 9:00 Men's Shed 9:30 Knotty Knitters 10:00 Ladies Billiards 10:00 Conversational Italian 10:00 Chair Yoga* 10:15 SCWW Stretch & Relax*(Z/T) 12:15 Hatha Yoga* 12:30 pFIT* 12:30 Carpet Bowling 12:30 Duplicate Bridge 1:00 Mah-Jongg 1:30 Stretch & Tone*(H) 3:00 Mixed Pickleball 3:15 SCWW Fun/Games *(T)	8:30 Woodcarving 9:00 Boot Camp* 9:30 Balance* 10:00 Snooker League 10:00 Colour and Chat 10:00 Computer Seminars 10:30 Balance* 10:35 Piloga* 11:30 QiGong* 11:30 Zumba Gold*(H) 12:30 Pickleball (Women) 12:30 Table Tennis 1:00 Bid Euchre 1:15 Core on the Floor* 1:30 Snooker League 2:00 Get Strong* 2:15 Pickleball (Men) 3:15 SCWW Chair Exercise*(Z/T) 4:00 Badminton 6:00 Poker 6:30 Movie 7:00 Sunset Mat Yoga*	9:00 Get Fit* (H) 9:30 Bocce 10:00 Chair Yoga* 10:30 Learn to Knit* 11:00 Conversational French 1:00 Let's Create 1:00 Canasta 1:30 Bridge 1:30 Snooker League 1:45 Evergreen Choir 3:15 SCWW Stories/Games (T)	8:30 Woodcarving 9:00 Art 9:00 Basic Cardio*(H) 9:00 Stamp Club 9:00 Boot Camp* 9:30 Bocce 10:00 Snooker League 10:00 Stretch & Tone*(H) 10:30 Keep Singing 11:15 Badminton 12:30 Table Tennis 12:30 Pickleball (Men) 12:30 Poker 1:00 Bid Euchre 1:30 Snooker League 2:30 Pickleball (Women) 3:15 SCWW Stretch & Relax*(Z/T) 7:00 Restorative Yoga*	9:00 Get Fit* (H) 9:30 Quilt 'n Sew 9:30 Writers Circle 9:30 Mandarin Singing 9:30 Men's Shed 10:00 Chair Stretch* 11:00 Get Strong* (H) 12:30 Pickleball (Mixed) 12:45 Bingo 1:00 Mah-Jongg 1:30 Book Club 2:30 Pickleball (Mixed) 3:15 SCWW Fun/Games *(T) 7:00 Fun Night
<b>September 4</b> <b>Closed</b>		<b>September 6</b> 10:00 Leisure and Hobby Expo		
<b>September 18</b> 1:00 ASA Board of Directors		<b>September 20</b> 10:00 Arboretum Stroll & Chat		
		<b>September 27</b> 12:00 Bistro 1:00 Seniors Centre Town Hall Meeting with your president and coordinator		<b>September 22</b> 7:00 Social Dance
				<b>September 29</b> 7:00 Social Dance

**Please note:** Pickleball times and registration are subject to change. Refer to the Pickleball schedule (at the Centre or auroraseniors.ca)

- The Billiards Room is available for play during all operating hours.
- All ASA activities have a daily activity fee of \$1.00 (loonies preferred please)
- \*Town of Aurora pre-registered programs (Z) Zoom (T) Teleconference (H) Hybrid (In-person and Zoom)

**Aurora Seniors Centre**  
 90 John West Way, Aurora  
 (905) 726 4767 seniorscentre@aurora.ca

