Fun After 55!

April 2024 Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
8:30 a.m. to 4:30 p.m.	8:30 a.m. to 9 p.m.	8:30 a.m. to 4:30 p.m.	8:30 a.m. to 4:30 p.m.	8:30 a.m. to 10 p.m.
9:00 Woodshop	8:30 Woodcarving	9:00 Woodshop	8:30 Woodcarving	9:00 Woodshop
9:00 Badminton	9:30 Boot Camp*	9:00 Get Fit* (H)	9:00 Art	9:00 Get Fit* (H)
9:00 Move & Tone*(Z)	9:30 Balance*	9:45 Conversational German	9:00 Basic Cardio*(H)	9:30 Quilt 'n Sew
9:30 Men's Shed	10:00 Snooker League	10:00 Silver Stars	9:00 Stamp Club	9:30 Writers Circle
9:30 Knotty Knitters	10:00 Colour and Chat	10:00 Men's Shed Billiards	9:30 Men's Fit*	9:30 Mandarin Singing
9:30 Beginner Bid Euchre	10:00 Computer Seminars	10:30 Ladies, Laugh and	9:45 Snooker League	9:30 Men's Shed
10:00 Ladies Billiards	10:15 WOW Chair	Learn*	10:00 Stretch & Tone*(H)	10:00 Chair Stretch*
10:00 Conversational	Yoga*(Z/T)	10:00 Chair Yoga*	10:30 Keep Singing	11:00 Get Strong* (H)
Italian	10:30 Balance*	10:00 Knitting*	10:30 Chair Fit*	12:30 Pickleball (Mixed)
10:00 Chair Yoga*	10:35 Piloga*	11:00 Conversational French	11:00 Badminton	12:45 Bingo
10:15 WOW Stretch &	11:30 Zumba Gold*(H)	11:15 Fit Minds, Body & Soul*	12:30 Table Tennis	1:00 American Mah-Jongg
Strong* (Z/T)	11:30 Qi-Gong*	1:00 Let's Create	12:30 Pickleball (Men)	1:30 Book Club
12:00 pFIT*	12:30 Pickleball (Women)	1:00 Canasta	12:30 Poker	2:30 Pickleball (Mixed)
12:15 Hatha Yoga*	12:45 Table Tennis	1:00 Woodshop	1:00 Bid Euchre	3:15 WOW Fun/Games *(T)
12:30 Duplicate Bridge	1:00 Bid Euchre	1:30 Bridge	1:00 Woodcarving	6:30 Bid Euchre
1:00 Carpet Bowling	1:00 Woodcarving	1:30 Snooker League	1:30 Snooker League	7:00 Fun Night
1:00 American Mah-Jongg	1:00 Core on the Floor*	1:30 Pain Management*	2:30 Pickleball (Women)	
1:30 Snooker League	1:30 Snooker League	1:45 Evergreen Choir	3:15 WOW Chair	April 26*
1:30 Stretch & Tone*(H)	1:45 Get Strong*	2:30 Knitting*	Yoga*(Z/T)	No programs or activities*
3:00 Mixed Pickleball	2:15 Pickleball (Men)	3:15 WOW Stories/Games (T)	6:30 Restorative Yoga*	
3:15 WOW Fun/Games	4:00 Badminton			
*(T)	6:00 Poker			
April 15	6:30 Movie	<u>April 10</u>		April 12
1:00 ASA Board of	6:30 Beginner Woodcarving	12:00 Bistro		Free Dance (Pre-limited
Directors	6:30 Sunset Yoga*	1:00 Ace your Golf Seminar		tickets available)
		April 24		April 19
		10:30 Blood Pressure Clinic		Trivia Night (Sold out)
		12:00 Bistro		

Please note: Pickleball times and registration are subject to change. Refer to the Pickleball schedule (at the Centre or auroraseniors.ca)

- The Billiards Room is available for play during all operating hours.
- All ASA activities have a daily activity fee of \$1.00 (loonies preferred please)
- *Town of Aurora pre-registered programs (Z) Zoom (T) Teleconference (H) Hybrid (In-person and zoom)

Aurora Seniors Centre

90 John West Way, Aurora (905) 726 4767 seniorscentre@aurora.ca



